

STEP 3

Made a decision to turn my will and my life over to the care of God as we understand God.

1. What does "made a decision" mean to me?
2. How do I know when I need to let go? How do I let go?
3. What does "as we understand God" mean to me?
4. Am I ready to let go and let God have a hand in managing my life?
5. What does "to the care of God" mean to me?
6. What does "turning it over" mean to me?
7. Is this where I let go of results? How does letting go of results help us to work this step better?
8. How can I be in touch with my Higher Power's will for me? In what ways does my Higher Power speak to me?
9. What does "my will and my life" mean to me?
10. If I cannot trust myself, how can I trust my Higher Power? How do I practice trusting?